

# O O K FLER-COWLISHAW

DECKHAND

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# INFORMATION

Age: 24 (16/09/1999)

Nationality: British

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Brooke@BCowlishaw.co.uk Location: England Driving License: Full UK Tattoos: Nο Smoker:

Vaccination: Double Vaccinated

Availability: Available

# PROFILE

I am a deckhand looking forward to building a successful career within this exciting industry. Making the move from hospitality management to the yachting industry after being introduced to the career through several close friends.

I am a practical learner with years of experience that have given me a range of transferable skills to excel in the maritime industry.

I enjoy and thrive working under pressure and pride myself on being punctual and professional. I am able to work exceptionally well, in both a team and as an individual. I am extremely trustworthy and have a talent for quick problem solving and boast my initiative and ability to think ahead.

## QUALIFICATIONS

- STCW (exp. November 2028)
- ENG1 (exp. September 2025)
- RYA Powerboat Level
- **RYA PWC**
- **Personal Security Awareness**
- **RYA VHF**
- Personal Designated **Security Duties**
- **RYA Diesel Engine** Maintenance
- Flying Fish Deckhand Course - Ropework, Boat repairs and wash down, seamanship and crew skills

## SKILLS

- **Driving** (both manual and automatic cars)
- Basic, limited, mechanics and maintenance
- Initiative

# WORK EXPERIENCE

## ASSISTANT MANAGER

The Olive Tree Restaurant | 2021 — April 2023

One of the top rated Independent Restaurants within the county, extremely highly regarded within the town for its service and food.

- Managing a close team within a family run restaurant and ensuring smooth day-to-day running of the business.
- Responsible for our bookings and emails, relaying information accurately to the kitchen/owners or team should they need it.
- Professionally and efficiently resolving any issues or problems that
- Responsible for training staff up to a high standard.
- Attending meetings alongside the business owner with suppliers and when interviewing new staff.
- Would help run/maintain our social media account/presence.
- During this time, I also stood in as Manager of the Restaurant to cover for a few months.

# SUPERVISOR

The Olive Tree Restaurant | July 2017 — 2021

During this time, I stepped up from a member of front of house to the

- Adapting service style from casual dining to formal events is a skill I learned during this time. From standard service to private celebrations of different occasions, levels of formality and sizes.
- Often be responsible as the main bartender, being sure to keep up with orders and maintaining cleanliness of the bar. Serving cold drinks, beers, wines, cocktails and coffees.
- Assist in managing the staffing for the restaurant day to day.

## SKILLS

- Conscientious
- Adaptability
- Stamina to work long and physically demanding hours
- Personability
- Fit and active
- Organization
- Good humour
- Eager to Learn

## WORK EXPERIENCE CONTINUED

## FRONT OF HOUSE AND KITCHEN

Various Hospitality Venues | 2014 - 2017

From 14 years old I have worked within various establishments both front of house and within the kitchen, before settling into full time work in 2017 within a business that allowed me career progression.

- Tasks such as running food to tables and taking orders.
- Often be kitchen porter, making sure a high level of hygiene was maintained within the kitchen. Assisting with kitchen duties such as preparing starters and desserts.
- Making sure to learn how to relay accurate food and drink orders, taking care to note dietary requirements and preferences.

## HOBBIES AND INTERESTS

I have always been extremely sporty from a young age; I feel this is where I developed my very driven and competitive personality. I would compete in gymnastics (which was by far my strongest sport), play and compete in football and compete in running.

I have grown up driving and maintaining my dad's 16.5ft powerboat, and have always had a passion and love for the coast. I have a real love for driving and cars in general. Truthfully if it drives and goes quickly, bringing a level of adrenaline, it's something I enjoy!

Maintaining both the exterior and mechanics of cars is something that I absolutely love doing, often assisting my dad in repairing and maintaining cars such as his old defender. This all going hand in hand with my absolute adoration for the Formula 1

I am a very frequent gym goer; my preference being weight training, however I also really enjoy any activity or sport that gets me up and outside, such as running, swimming and hiking, particularly in new places, as I love to explore.

With a passion for social media, I do enjoy maintaining my social media platforms and editing videos and pictures.

# REFERENCES

Samuel Bevan | Employer | The Olive Tree Restaurant |

Jake Tripp | Manager |

Written references available upon request.